



Fish

Gefilte Fish	100 ₪ roll
Teriyaki Salmon*	65 ₪ pp
Sauteed Onion Salmon*	65 ₪ pp
Honey Mustard Salmon*	65 ₪ pp
Chrein	35 ₪

*2 piece minimum – pp= per piece

Soups (1 liter, 3-4 servings)

Cauliflower Soup	75 ₪
Chicken Soup	70 ₪
Butternut Squash Soup	70 ₪
Zucchini Soup	70 ₪
Fruit Ambrosia	75 ₪
Soup Nuts	20 ₪

Salads

Dressings (1/2 liter)- caesar, nish nosh, or mustard vinaigrette-	45 ₪
Coleslaw (1 liter)	50 ₪
Israeli Salad (1 liter)	50 ₪
Cucumber Salad (1 liter)	50 ₪

Chicken

Sesame Chicken (9x7)	210 ₪
Poppers (9x7)	210 ₪
Roast Chicken Quarters*	45 ₪ pp
Caramelized Onion Quarters*	45 ₪ pp
Honey Glazed Cornflake Quarters*	45 ₪ pp
Herb Marinated Grilled Chicken*	40 ₪ pp
Grilled Teriyaki Baby Chicken*	50 ₪ pp
Shnitzel Pastrami Roll Ups*	55 ₪ pp
Shnitzel*	40 ₪ pp

*2 piece minimum - pp= per piece

Meat (5-7 servings)

French Roast (9x13)	500 ₪
Brisket (9x13)	500 ₪
Corned Beef (9x13)	500 ₪
Navel Pastrami (9x7)	550 ₪
Cholent (9x13)	230 ₪
Sweet and Sour Meatballs (9x7)	200 ₪

Sides

White Rice (9x7)	65 ₪
Brown Rice (9x7)	75 ₪
Mushroom Onion Rice (9x7)	90 ₪
Rice with Nuts and Craisins (9x7)	90 ₪
Mashed Potatoes (9x7)	65 ₪
Roasted Potatoes (9x7)	65 ₪
Roasted Sweet Potatoes (9x7)	75 ₪
Garlic Green Beans (9x7)	70 ₪
Teriyaki Green Beans (9x7)	70 ₪
Roasted Broccoli (9x7)	135 ₪
Popcorn Cauliflower (9x7)	135 ₪

Kugels- Made with GF Oats or Blue Molino

Potato Kugel (9x7/9x13)	90 ₪, 145 ₪
Apple Crisp (8" round)	135 ₪
Apple Strawberry Crisp (8" round)	140 ₪
Apple Blueberry Crisp (8" round)	140 ₪
Carrot Muffins (per 12)	150 ₪
Broccoli Kugel (9x7)	150 ₪
Pineapple Kugel (8" round)	130 ₪
Butternut Squash Kugel (8" round)	130 ₪



THE FLOURLESS KITCHEN

WHERE GLUTEN-FREE IS ALWAYS ON THE MENU



Baked Goods- Made with Blue Molino

Challah Rolls (per 6)	130₪
Brownies (9x13)	120₪
Granola Bars (9X13)	120₪
Chocolate Souffles (per 12)	130₪
Frosted Chocolate Cake (9x13).....	115₪
Chocolate Chip Cookies (per 12)	60₪
Snickerdoodle Cookies (per 12)	60₪
Peanut Butter Oatmeal Cookies (per 12).....	60₪
Peanut Butter Cookies (per 12)	60₪
Cookie and Cream Bars (9x7).....	125₪

Gluten Free Miniature Desserts

Mini Chocolate Mousse Cups (per 10).....	135₪
Mini Strawberry Shortcakes (per 10).....	145₪
Mini Brownie Trifle Cups (per 10).....	145₪
Mini Jell-O Cups (per 12).....	85₪

Platters

Small Fruit Platter (4-5 servings).....	250₪
Large Fruit Platter (7-10 servings).....	380₪
Small Vegetable Platter (4-5 servings).....	150₪
Large Vegetable Platter (7-10 servings).....	200₪
Ranch Dip for Vegetable Platter	25₪

*Fruit/vegetable platters based on seasonal availability

Contact Us

Phone IL: 058-468-2468 | [WhatsApp](#)

Phone USA: 516-361-4578

Email: orders@theflourlesskitchen.com

General Info

There is a 600₪ minimum for orders.

Shabbos orders need to be placed by Tuesday night.

We accept Zelle, Paypal, Chase Quickpay, Shekel Cash, BIT, Paybox and Israeli Bank Transfer.

For pick up we are located in Ramat Shlomo.

Delivery is available for an extra fee.

For Succos Orders: Items that freeze well, will come frozen.

The Flourless Kitchen is under the hashgacha of Rabbi Shmuel Weiner.

Everything is made using fleishig equipment.